

# **Sheridan High School**



**2020-2021**

## **Program of Studies**

[sheridan.k12.or.us](http://sheridan.k12.or.us)

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Website: <http://www.sheridan.k12.or.us/> then, scroll over to *Our Schools* and drop down to Sheridan High School

Facebook: <https://www.facebook.com/SpartansAsOne/>

Parent Portal: <https://wil41hac.eschoolplus.powerschool.com/HomeAccess/Account/LogOn>

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## Introduction

The purpose of the Program of Studies is to assist students and families in selecting the most appropriate courses during the next 4 years of high school. Sheridan High School offers a wide variety of courses that should help in planning future education and career goals. Students and families are encouraged to use this program to develop an education plan before beginning high school.

- **STEP 1** – Review the courses required for your grade level.
- **STEP 2** – Review the graduation requirements and your transcript.
- **STEP 3** – Select elective courses that support your future educational and career goals.

Please remember:

1. Each course offered is dependent on enrollment and budget. If an insufficient number of students request a course or funding for staffing is not sufficient, it will not be available.
2. Courses are divided into two types: **Required** courses are those that a student must pass to satisfy The State of Oregon and Sheridan School District diploma requirements. **Elective** courses are designed to build skills in areas of study that meet the student's needs for career and college readiness, as well as the pursuit of individual interests.
3. English and math placement is based on teacher recommendation, present classroom work, past performance, test scores, and other criteria related to the student's ability, potential and post- secondary goals.
4. Once courses are scheduled, students will be expected to make a commitment to succeed in each class. Students will have a one-week window to discuss any wishes to change schedules. **Approved reasons for changes**(already passed course, course out of sequence, missing a requirement needed to graduate, or class size)

It is important to utilize parents/guardians, teachers, and your counselor when making course selections. Please plan your requests carefully.

Sheridan High School operates on a seven-period schedule, five days a week, from 8:15am to 3:15pm.

# Academic Program

A **Course Syllabus** will be available in the counseling center at the beginning of the year or semester, describing the course content, grade system and expectations.

**Athletics and activities** are an important part of the total education plan for students. All students are encouraged to become involved in co-curricular activities that support their education plan. The Athletic Handbook describes academic and behavior standards required for participation and lists the athletic and activity programs offered.

**Good attendance** is critical for success in high school. It is the parent's responsibility to ensure that students miss school only for essential reasons and to monitor their student's progress in school. The Parent-Student Handbook describes policies and procedures to follow when a student must be absent from school. 90% or higher attendance is required to not be considered chronically absent.

**Courses are graded** by standards-base grading:

A = 3.00 - 4.00

B = 2.50 - 2.99

C = 2.00 - 2.49

D = 1.30 - 1.99

F = 0.00 – 1.29

P = Pass

NP = No Pass (no credit is awarded and effects co-curricular participation)

INC = Incomplete (A student will be issued an incomplete grade if there are crisis issues that necessitate a long absence, other personal issues, or at the teachers discretion)

**4.0:** Demonstrates an in-depth understanding of the material by completing advanced applications of the material.

**3.0:** Mastered the complex, targeted knowledge and skills for the class.

**2.0:** Understands the foundational material that supports the targeted learning, but is still working to master the complex material of the class.

**1.0:** Demonstrate an understanding of the foundational material for the class with help from the teacher, but still struggles when working independently.

**0.0:** Even with assistance from the teacher, shows no understanding of the material.

**Official grades and credits** are reported at the end of each semester and become part of the student's permanent transcript. Parents and students are advised to use Eschool's Home Access to keep up with current grades and attendance. A link to Home Access can be found on the district home website.

**Academic Credit** is earned through completing the minimum course requirements. Course credit is awarded in semester blocks only (0.5 credit per semester). See counselor for proficiency credit opportunities.

The **Honor Roll** is published two times a year and is based on the grades earned for each semester. Students must receive a minimum grade average of 3.5 for the semester and be enrolled in a minimum of five classes.

The **Grade Point Average (GPA)** is determined by adding all grade points earned and dividing by the number of graded credits. GPA is computed at the end of each semester grading period. The cumulative grade point average is determined from the average of all grades earned in high school. Although GPA is an important factor in the college admissions process, the quality and rigor of a student's academic program is strongly considered.

Some advanced courses carry an additional weight in GPA computation.

<b>WP/AP/most College Credit Now Classes</b> = 5 points A = 4 points B = 3 points C = 2 points D = 1 point F = 0 points
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A **Transcript** is the official permanent academic record of a student's achievement in high school. It documents attendance, grade point average, class rank, grades, and academic awards, along with credits for all courses completed at SHS or transferred from another high school. We encourage

student to review their own transcript at the end of each semester. It is especially important for students to review their transcript in late spring before forecasting for the following year's course schedule. Student should use a Credit Tracker form to stay aware of their progress towards graduation. [Credit Tracker form](#)

Students may request a copy of their school transcript from the school registrar or counselor. Colleges and most scholarship programs require a transcript. All official school documents, including transcripts, will be sent by regular mail. Students who prefer certified, return-receipt service for transcripts and other school documents must prepay \$8 per mailing to cover processing and postage.

## Class Selection Process

### Step 1: Forecasting

In early spring of each year, the counselor visits classrooms to provide students information that will guide them in class selection for the following school year. Students are asked to select classes for both semesters and indicate alternate choices for each semester.

### Step 2: Choosing classes

Students consult with classroom teachers, parents, and the counselor in making choices and planning educational programs. The counselor must review and approve all requests. Some classes require meeting specific grade, test score criteria, or class prerequisites.

### Step 3: Alternate Class Selection

It is not likely that each student will get his/her first choice in all classes. It is very important that students select alternate choices with as much thought and care as any other choice.

### Step 4: Scheduling

SHS administration makes many important decisions based on the forecast information from students (number of class sections, staffing, book needs, etc.) Because of this, students are expected to take the classes they request during forecasting.

### Step 5: Changing Classes – Deadlines and Criteria

SHS conducts class changes at registration in late August, and prior to semester 2. Changes are limited.

**Add/Drops:** Class drops, or changes made after registration must be made within the FIRST week of school to avoid losing credit and/or receiving an F.

# Graduation Requirements

## *District Policy IKF*

Students are subject to Oregon Graduation Requirements as adopted by the Oregon Board of Education. In addition, students must meet requirements as developed and revised by Sheridan School District. Sheridan School District has established **the number of credits required for graduation to be 24 as a standard diploma**. To be eligible for an Honors Diploma, students must meet all standards listed below as well as earning 3 more credits within the AP or College Prep Program, for a total of 27 credits. These credit requirements are further outlined below for each diploma:

<b>Oregon Standard Diploma Requirements</b>	<b>CREDITS</b>
English	4.0
Mathematics *at the Algebra 1 level and higher	3.0
Social Studies	2.5
Government	0.5
Science *scientific inquiry, 2 with lab experiences	3.0
Senior Focus/Project	1.0
Health	1.0
Physical Education	1.0
The Arts/ Second Language/ Career Tech Ed.	2.0
Electives	6.0
<b>TOTAL CREDITS</b>	<b>24.0</b>

<b>Honors Diploma Requirements</b>	<b>CREDITS</b>
Complete all requirements from the Standard Diploma	24.0
AP or College Prep Program ~+	3.0
<b>TOTAL CREDITS</b>	<b>27.0</b>

~ Honors classes, Willamette Promise course, Community College classes (Expanded Options or College Credit Now), any other dual credit college classes, fourth year Science, or fourth year Math.

+ Oregon universities will not accept D grades in college prep core courses. See your counselor for more details.

All students who graduate from an Oregon Public High School must meet the following career related learning requirements:

1. Develop an education plan
2. Demonstrate an extended application (Senior Project)

## **Essential Skills = State Testing**

All students who graduate from an Oregon Public High School must meet the following essential skills testing standards – skills deemed critical for future success:

- **Writing, Reading, and Math**

Course requirements recommended at each grade level are outlined in each student's individual Student Education Plan. **(See back of book for an example.)**

## Other Types of Diplomas

### Sheridan High School Modified Diploma

Parents and students are encouraged to meet their school counselor to review eligibility requirements for the Modified Diploma. Student must be on an Individual Education Program (IEP).

### Sheridan High School Extended Diploma

Parents and Students are encouraged to meet with their school counselor to review eligibility requirements for the Expended Diploma. Students who have demonstrated the inability to meet the full set of academic content standards for a diploma while receiving modifications and accommodations.

### Sheridan High School Alternative Certificate

Students who do not satisfy the requirements for a high school diploma, a modified diploma, or an extended diploma should contact the school counselor to review eligibility requirements.

### Sheridan High School Honorary Diploma

Only foreign exchange students are eligible to receive an Honorary Diploma. To receive this diploma, a foreign exchange student must successfully complete 7 credits while in attendance at Sheridan High School.

## Sample Four-Year Education Plan

Freshman(9 <sup>th</sup> )	Sophomore(10 <sup>th</sup> )	Junior(11 <sup>th</sup> )	Senior(12 <sup>th</sup> )
English	English	English	English
Math	Math	Math	Math or Elective
Physical Science	Biology	Science	Science or Elective
Geography (Social Studies)	World History (Social Studies)/ Elective	US History (Social Studies)	Government/ Elective
Language or Elective	Language or Elective	Language or Elective	Senior Focus
PE	Health	Elective	Elective
Elective	Elective	Elective	Elective

[Course Planning form](#)  
[Credit Tracker form](#)

# Course Descriptions

## ENGLISH LANGUAGE ARTS (LA)

### 9<sup>th</sup>-Grade English

Introduces the basics of literature and writing. The focus is on literary elements in short stories and novels. With a focus on writing basic mechanics, spelling, and finding support for topic sentences. Vocabulary development through weekly word exercises. Oral presentations are assigned to develop speaking skills. English 9B continues to build on writing, speaking, and vocabulary skills, but the literature focus is on Shakespeare and mythology.

Length: 2 Semesters

Credit: 1.0 LA

Grade Level: 9

**IEP Supported or Honors section will be made available to qualified students**

### 10<sup>th</sup>-Grade English

Explores world literature with the focus on stories, plays, essays, and poetry from other countries. (Norse mythology, Antigone and Julius Caesar, and Animal Farm) Writing with an emphasis on expository essay and a focus on creating good thesis statements, providing adequate support, and composing effective introductions and conclusions. Vocabulary development continues through word exercises that compliment both reading comprehension and writing involvement.

Length: 2 Semesters

Credit: 1.0 LA

Grade Level: 10

**IEP Supported or Honors section will be made available to qualified students**

### 11<sup>th</sup>-Grade English

Introduces American literature from the American Indians through the Revolutionary War. Writing focuses on methods of effective argumentation and uses the writing of the Founding Fathers as guides. Students will produce their own argumentative paper. Vocabulary development through weekly word exercises. Second semester continues with a focus on American literary tradition starting with the Romantic Movement through the Civil War and moves into the modern era.

Length: 2 Semesters

Credit: 1.0 LA

Grade Level: 11

**IEP Supported sections will be made available to qualified Students**

### 12<sup>th</sup>-Grade English

The focus on this class is British Literature as it developed chronologically. Writing focuses on essential skills writing samples. Students will produce their own argumentative paper. Vocabulary development through weekly word exercises compliments both reading comprehension and continued development of writing skills.

Length: 2 Semesters

Credit: 1.0 LA

Grade Level: 12

**IEP Supported sections will be made available to qualified Students**

### **Mass Communications**

Looks at the role mass media has played, and continues to play in American culture given the enormous effect of the media on our daily lives. Students seek out how and why the mass communication mediums reflect our social values. We will also explore how public policy draws boundaries on mass communications.

Length: 2 Semesters

Credit: 1.0 LA, EL

Grade Level: 10-12

### **Journalism**

Is a study of the basic concepts of reporting, non-fiction writing, and basic journalistic broadcasting. Students will work towards developing their voice using various writing styles. Students in this class produce the high school newspaper and organize/ produce the daily school announcements. Students and the teacher determine the news content. Students write, edit, proofread articles, and lay out pages.

Length: 2 Semesters

Credit: 1.0 LA, EL

Grade Level: 11,12

### **Mythology**

Is a survey of mythologies from around the world including, but not limited to, Greek, Norse, Egyptian, and American Indian. Looking at stories and how they influenced modern culture through vocabulary development and media. Examining the origin stories, those of the afterlife, and rituals.

Length: 1 Semesters

Credit: .5 LA, EL

Grade Level: 10-12

### **Principles of Public Speaking/Communications 111**

An introduction to preparing and delivering public speeches with an emphasis on informative speaking. Develops understanding and practical application of communication skills and includes techniques in controlling speech anxiety, structuring and organizing information to present to a variety of audiences, and improving physical and vocal delivery skills. Students will create a speech outline, five reference sources within the speech and at least one visual aid.

Length: 1 Semester

Credit: .05 LA, EL

Grade Level: 12

### **Writing 121**

Students may take this course for high school credit only or work to earn college credits.

Length: 1 Semester

Credit: .5 LA, EL

Grade Level: 12

**Prerequisite: Teacher referral**

## Writing 122

This is a three-credit college writing course designed to build argumentative and persuasive writing skills.

Length: 1 Semester

Credit: .5 LA, EL

Grade Level: 12

**Prerequisite: Writing 121**

# Mathematics

## Algebra I

Students learn the fundamentals of expressions, equations, functions, mathematical relations, systems of linear equations, polynomials, factoring, quadratic, and exponential functions.

Length: 2 Semesters

Credit: 1.0 Math

Grade Level: 9-10

**IEP Supported sections will be made available to qualified Students**

## Algebra I Essentials

Presents content from the first-half of Algebra 1 plus an introduction to statistics. Topics include operations with real numbers, solving multi-step equations, linear equations in symbolic and graphic forms, gathering and modeling data with linear equations, measure of central tendency and graphical displays such as box and whisker plots.

Length: 2 Semesters

Credit: 1.0 Math

Grade Level: 9-10

**IEP Supported sections will be made available to qualified Students**

## Algebra I Continuing Concepts

Presents content from the second-half of Algebra 1 plus a further exploration of statistics. Topics include factoring and evaluating quadratic expressions, properties of equality and inequality, gathering and modeling non-linear data, probability, and analysis and interpretation of data sets.

Length: 2 Semesters

Credit: 1.0 Math

Grade Level: 9-10

**IEP Supported sections will be made available to qualified Students**

## Geometry

Topics covered in this course are points, lines, planes, reasoning and proofs, triangles, quadrilaterals, proportions, transformations, circles, area, surface area, probability, and measurement.

Length: 2 Semesters

Credit: 1.0 Math

Grade Level: 10-12

## Algebra II

Content of this course includes linear functions and inequalities, quadratic functions and inequalities, exponential functions, logarithmic functions, rational functions, irrational functions, matrices, and conics.

Length: 2 Semesters

Credit: 1.0 Math

Grade Level: 10-12

**Prerequisite: Algebra 1 and Geometry or test placement**

### Probability & Statistics

Provides an alternate third year of math for students instead of Algebra II. It is designed to provide students with opportunities to explore concrete concepts, probability, and statistics.

Length: 2 Semesters

Credit: 1.0 Math

Grade Level: 11-12

**Prerequisite: Algebra 1 and Geometry**

### College Math

Studies functions and related inequalities using a graphing calculator. Focuses on polynomial, rational, exponential, logarithmic and related piecewise defined functions. Includes a study of the complex number system, the algebra of functions, the applications of functions in sequenced and series.

Length: 2 Semesters

Credit: 1.0 Math

Grade Level: 11-12

**Prerequisite: Completion through Algebra 2 and/or teacher referral.**

## Science

### Physical Science

First semester focuses on basic principles of Physics, calculating speeds, force, and the energies of motion. Second semester focuses on the general principles of Chemistry, the periodic table, states of matter, and balancing equations.

Length: 2 Semesters

Credit: 1.0 SCI, EL

Grade Level: 9

**IEP Supported sections will be made available to qualified Students**

### Biology

An overview of the major concepts in the field of biology; including the chemistry of life, structure and function of cells, cell division, genetics, and evolution. Inquiry and critical thinking skills will be developed and cultivated as students conduct experiments and investigations throughout the year.

Length: 2 Semesters

Credit: 1.0 SCI, EL

Grade Level: 10

**IEP Supported sections will be made available to qualified Students**

### Physics

Is a college preparatory course designed to provide students with an introduction to the field of Physics. Topics covered include motion, forces, static and current electricity, sound and light waves, modern physics topics and basic astronomy. Inquiry and critical thinking skills will be developed and cultivated as students conduct experiments and investigations throughout the year.

Length: 2 Semesters

Credit: 1.0 SCI, EL

Grade Level: 10-12

## Chemistry

To prepare students for college level chemistry classes in their future. Chemistry is a math intensive class that relies upon solving algebraic equations and using scientific notation to solve incredibly large and small chemistry problems. Topics include the states of matter, the periodic table, balancing equations, types and energy of reactions, electrostatic forces in molecules, organic chemistry, and biochemistry. The summation of this class focuses upon developing and presenting a student designed science fair like experiment.

Length: 2 Semesters

Credit: 1.0 SCI, EL

Grade Level: 11-12

## Astronomy

Emphasizes space science Next Generation Oregon Science Standards. Topics will include movement of stars and planets, properties of the planets and the solar system, the life cycle of stars, the origin and expansion of the universe, the evolution and history of Astronomy. Many of these topics will have an emphasis on mathematics--familiarity with scientific notation and advanced Algebra is recommended.

Length: 1 semester

Credit: .5 SCI, EL

Grade Level: 11-12

## Geology

Includes the study of earth processes, types of rocks, the development of the earth over its lifetime and plate tectonics. Emphasis is on the Next Generation Oregon Science Standards using hands-on projects and assessments.

Length: 1 semester

Credit: .5 SCI, EL

Grade Level: 11-12

## Marine Science

Focuses on bringing different disciplines together to explore the vast potential and diversity of the oceans. Topics include oceanography, ocean chemistry, marine biology, marine ecosystems, and the effects of a changing planet on the ocean. Emphasis is on research and report writing.

Length: 2 Semesters

Credit: 1.0 SCI, EL

Grade Level: 11-12

# Agricultural Science

## Introduction to Agriculture

Students will utilize hands-on lessons, science labs and experiences to learn about a wide-variety of agricultural topics. The students will learn to become informed consumers and about careers in agriculture. Students in this course is benefit from guest speakers and competitions. Topics covered, including but not limited to, caring for animals, best business practice, the science and practices of caring for crops and soils.

Length: 2 Semesters

Credit: 1.0 SCI, EL, AA

Grade Level: 9-12

### Environmental Science and Agriculture

Examines the mutual relationships between organisms and their environment. In studying the interrelationships among plants, animals, and humans. It will cover topics such as photosynthesis, regeneration, ecosystems, natural resources, and the impact of agriculture. It will also include the topics of chemical and soil science as related to best practices in agriculture.

Length: 1 Semesters

Credit: 0.5 SCI, EL, AA

Grade Level: 9-12

### AG Power & Tech

Looks at the science behind agriculture and agricultural structures. The class utilizes dozens of labs to look at the chemistry, biology, engineering, metallurgy and general sciences that allow agriculture to function. Subject matter covers: electrical power generation, structural design, alternative fuels, power transfer, chemical weathering, erosion control, plastics chemistry and more.

Length: 1 Semester

Credit: 0.5 SCI, EL, AA,

Grade Level: 10-12

**Prerequisite: Intermediate/Advanced Ag Mechanics or teacher permission**

### Animal Science

Introductory course in the science surrounding current animal husbandry practices involved in caring for livestock. We will study the rearing techniques, feeding, reproduction, and ethical treatment of livestock. We will explore agricultural practices to produce commodities such as milk, meat, and eggs.

Length: 2 Semesters

Credit: 1.0 SCI, EL, AA

Grade Level: 9-12

### Horticulture 1

A hands-on approach to learning. Students will engage in the process of deciding which plants will bring the best return in the marketplace. They will contribute to developing a planting and production schedule that involves: germinating seeds, transplanting young plants, fertilizing plants, and selling the product. Students are involved in growing a sustainable garden.

Length: 2 Semesters

Credit: 1.0 SCI, EL, AA

Grade Level: 9-12

### Horticulture 2

Will focus on plant propagation, crop maintenance, plant nutrition, pest management and agricultural business. Projects will include plant grafting, landscape design, landscape construction, agricultural products marketing and sales.

Length: 2 Semesters

Credit: 1.0 AA, SCI, EL

Grade Level: 10-12

**Prerequisite: Horticulture 1. Students may take more than once**

## Forestry

This class will focus on the timber industry, its history, its impact on Oregon and our local region. We will look at current common industry management techniques, including harvesting. Units of study may include: orienteering, soils, cruising timber, plant identification, log scaling and forestry careers and equipment.

Length: One Semester

Credit: .5 SCI, EL

Grade Level: 10-12

## Social Studies

### Geography

Introduction to the relationship between physical geography and diversity of human culture. Student will learn skills geographers use to understand the world around them. Student will study the physical processes and characteristics of Earth and its climates. First semester will study Canada, The United States, and Latin America. Second semester will study Europe, Africa, Asia, and Australia.

Length: 2 Semesters

Credit: 1.0 SS, EL

Grade Level: 9

**IEP Supported sections will be made available to qualified Students**

### World History Through Film

Involves the viewing and analysis of films. Students examine primary and secondary sources in order to critically analyze the accuracy of the film, as well as the purpose and direction of the film. Students will also be able to evaluate the cultural impact on world history through the medium of films. Students will produce critical analysis as well as create their own short films using techniques from different eras of film.

Length: 1 Semester

Credit: .5 SS, EL

Grade Level: 9-12

### American Studies

Gives an overview of the history of the United States from the colonial period through the American Civil War. Emphasis will be placed on the Revolutionary war, the development of our Constitution. Westward Expansion, Slavery issues and the Civil War, and Reconstruction.

Length: 1 Semesters

Credit: .5 SS, EL

Grade Level: 9-12

### Humanities

Introduction to the cultural heritage of human beings. Provides an opportunity to explore the human creative efforts in relation to history, literature, religion, philosophy, art, music, and architecture. Beginning with the study of the cultures of Greece Rome, and the Renaissance in Europe.

Length: 1 Semesters

Credit: .5 SS, EL

Grade Level: 9-12

### **Ancient Civilizations**

Provides a survey of the evolution of society from ancient Southwest Asia, (Egyptian, African, Indian and others). Students study the rise and fall of civilizations and empires, with an emphasis on the legacies they provided to successive societies, including ours today.

Length: 1 Semester

Credit: .5 SS, EL

Grade Level: 9-12

### **World History**

Examines significant world events through the passage of time and its relationships to the United States. Topics covered will be Renaissance and Reformative, Enlightenment, Revolution, Colonization and World War I.

Length: 1 Semester

Credit: .5 SS

Grade Level: 10

### **Psychology**

Will explore the mental functions of humans. It will deal with both the problems and development that humans encounter throughout life. Students will be able to recognize and identify the work of psychologists in the past and their influence on current work. The role of experimentation will also be explored.

Length: 1 Semester

Credit: .5 SS, EL

Grade Level: 10-12

### **History of the Civil War**

Examines the era of the American Civil War with emphasis on the period from 1861-1865, the four years of physical conflict. Other topics covered will include the issues of slavery and our inability to reach and sustain compromises over issues separating the North and South.

Length: 1 Semester

Credit: .5 SS, EL

Grade Level: 10-12

### **Sociology**

Explores the functions of humans in groups and the development of society. We will explore social life, social change, and the social causes and consequences of human behavior. We examine the differences between large and small group processes.

Length: 1 Semester

Credit: .5 EL, SS

Grade Level: 10-12

### **U.S. History**

Provides a one-year survey of American history from 1877 to present day, with an emphasis on the twentieth century. Using the textbook, primary documents, and current events, students learn about the various political, social and economic developments that have shaped and continue to shape the United States. Critical thinking is emphasized as an integral way of understanding how the past relates to the present and future.

Length: 2 Semesters

Credit: 1.0 Social Studies

Grade Level: 11

## Government

A look into federal, state, and local governments; and how they function. Students will learn the branches of government, the roles they play, how the checks and balances work, and the purpose of federalism in our nation. Students will study the framework of the Constitution and the purpose of representative government.

Length: 1 Semester

Credit: .5 Social Studies

Grade Level: 12

## Health

### Health

Health is a course that will help students develop skills to analyze the influences and pressures they face regarding the effects of good and poor choices on the human body. The areas we will cover include drugs and alcohol, physical fitness, nutrition, sun or tanning bed exposure, body structure, and healthy relationships. The objective is to increase student knowledge and understanding.

Length: 2 Semesters

Credit: 1.0 HE

Grade Level: 10-12

**IEP Supported sections will be made available to qualified Students**

## Physical Fitness

### Physical Education

Is designed to improve and encourage physical fitness for all students. Lifetime physical activity will be stressed through implementation of a variety of individual, team, non-traditional and adventure activities. These activities are for the students' future use as a means for being physically fit, participating recognizing the value of physical activity and its contribution to a healthy lifestyle.

Length: 2 Semesters

Credit: 1.0 PE, EL

Grade Level: 9-12

Students may take this course more than once.

### Conditioning

Instructs students in the basic principles of strength training and conditioning for personal fitness development. Students will focus on proper lifting technique, how to strengthen major muscle groups and how to increase speed, agility, and endurance. Students will follow a designed work-out plan based on the conditioning principles taught. Tests and measurements of fitness will be part of this course. Students will also participate in various physical activities that promote a healthy lifestyle.

Length: 1 Semester

Credit: .5 PE, EL

Grade Level: 9-12

Students may take this course more than once.

## Applied Art (Electives)

### Foreign Language

#### Spanish 1

Students build vocabulary, learn to read, write, understand, and speak basic Spanish through the study of vocabulary, grammar, short readings, and guided conversations. This class is for non-speakers of Spanish. Please select Spanish 3 / 4 if you already speak Spanish.

Length: 2 Semesters

Credit: 1.0 AA, EL

Grade Level: 9-12

#### Spanish 2

Students continue to develop vocabulary and to develop listening, speaking, reading, and writing skills. Students will learn about some aspects of culture in Spanish-speaking countries. Students will have instruction in at least one of the past tenses. This class is for non-speakers of Spanish. Please select Spanish 3 / 4 if you already speak Spanish.

Length: 2 Semesters

Credit: 1.0 AA, EL

Grade Level: 10-12

**Prerequisite: Successful completion of Spanish 1 or teacher approval**

#### Spanish 3 or 4

This course is designed for those students who have completed Spanish 1 & 2 and for students, native or non-native, who are fluent or nearly fluent Spanish speakers. There will be instruction in proper written, read, and spoken Spanish. There will also be coverage of content covering geography, cultures, history and the arts in Spanish.

Length: 2 Semesters

Credit: 1.0 AA, EL

Grade Level: 9-12

**Prerequisite: Successful completion of Spanish 1 & 2 or teacher approval**

***Take the Willamette Promise test in order to earn college credit for first, second or third year Spanish***

### Musical Arts

#### Concert Band

The Concert band is open to all students who are learning to play an instrument. This class will prepare students to achieve a high level of performance while following the national standards for music.

Length: 2 Semesters

Credit: 1.0 AA, EL

Grade Level: 9-12

### **Symphonic Band (Auditioned)**

This is an auditioned class. Designed to develop students' musical skills and talents in a large instrumental ensemble setting. Course activities include individual and group rehearsal, music theory and history. Attendance to class is crucial for success of the group and attendance to all performances and functions is mandatory. Students prepare for a Spring season of OSAA sanctioned performance competitions.

Length: 2 Semesters

Credit: 1.0 AA,EL

Grade Level: 9-12

**Prerequisite: Audition/Consent of Instructor**

### **Piano/Keyboard**

The SHS piano class will teach students how to read music and play piano with both hands while preparing them to perform during in-class performances. The class follows national music standards.

Length: 1 Semester

Credit: .5 AA, EL

Grade Level: 9-12

### **Concert Choir**

Is open to all students, even those who have never sung, if they are interested in learning to sing. Designed to develop students' musical skills and talents. Course activities include: individual and group rehearsal, music history and theory following national standards for music.

Length: 2 Semesters

Credit: 1.0 AA, EL

Grade Level: 9-12

### **Symphonic Choir (Auditioned)**

This is an auditioned class. Designed to develop students' musical skills and talents in a large ensemble setting. Course activities include individual and group rehearsal, music theory and history. Attendance to class is crucial for success of the group and attendance to all performances and functions is mandatory. Students prepare for a Spring season of OSAA sanctioned performance competitions.

Length: 2 Semesters

Credit: 1.0 AA, EL

Grade Level: 9-12

**Prerequisite: Concert Choir and Audition or Instructor Consent**

### **Music Appreciation**

Music History/Appreciation courses survey different musical styles and periods with the intent of increasing students' enjoyment of musical styles and/or developing their artistic or technical judgment. Music History/Appreciation courses may also focus on developing an understanding of a particular style or period.

Length: 1 Semester

Credit: .5 AA, EL

Grade Level: 9-12

## Theatrical Arts

### Drama

Develops team and theater skills. Students become familiar with theater terminology and techniques rehearsals and through participation in a full-length play. Evaluation is based on rehearsal and performance. Talent is not a requirement, being an asset to the team is a requirement.

Length: 1 Semester

Credit: .5 AA, EL

Grade Level: 9-12

## Agriculture

### Beginning Ag Mechanics (metal working 1st semester & wood working 2nd semester)

Is designed to give students exposure to learn useful life skills or explore the skilled trades and prepare for apprenticeship opportunities. The class combines in-class lessons and hands-on experiences. Subject matter varies greatly, depending on the semester and the year, covering topics from basic use and care of tools and techniques in construction, welding and fabrication to small engines and electricity.

Length: 2 Semesters

Credit: 1.0 AA, EL

Grade Level: 9-12

### Intermediate / Advanced Ag Mechanics (metal working 1st semester & wood working 2nd semester)

Is designed to bring together knowledge and skills from previous years and apply them in building and fabricating personal and class projects. Students will be encouraged to create, design and build multiple projects in class. Special emphasis will be placed on problem solving, basic engineering, and troubleshooting functionality and design issues. Projects fabricated will depend on semester and year.

Length: 2 Semesters

Credit: 1.0 AA, EL

Grade Level: 10-12

**Student may take more than once. Prerequisite: Beginning Ag Mechanics or teacher permission**

## Business Education

### Web Design

An introductory course designed to allow students to learn how to create websites using a variety of templates as well as learning basic coding. This is a hands on lab course. The majority of work is completed in class so good attendance is essential. Students learn the basics of web design using HTML/ CSS coding and how to upload site content. Students will use Google Sites, Weebly and Notepad. There will be an emphasis on good design and troubleshooting.

Length: 1 Semester

Credit: 0.5 AA, EL

Grade Level: 9-12

### Introduction to Computer Science

This broad based intro class uses the Snap! Visual programming language to introduce students to computational thinking. This course will teach students how to program, using Snap!, one of the friendliest programming languages ever invented. It is purely graphical, which means programming involves simply dragging blocks around, and building bigger blocks out of smaller blocks. The course also focuses on some of the “Big Ideas” of computing, such as abstraction, design, recursion, concurrency, simulations, and the limits of computation. It will review some beautiful applications of computing that have changed the world, talk about the history of computing and where it will go in the future. Throughout the course, relevance to the student and society will be emphasized.

Length: 2 Semesters

Credit: 1.0 AA, EL

Grade Level: 9-12

### Computer Information Systems (CIS) 101

Introduces the student to the basic microcomputer hardware/software systems. It includes: word-processing, spreadsheet, database, presentation and introduction to the internet

Length: 1 Semester

Credit: .5 AA, EL

Grade Level: 9-12

**Students have the opportunity to earn 3 credits through Chemeketa Community College.**

### TEALS/ Innovations

Students will be exposed to different types of innovative entrepreneurial concepts: design thinking, rapid prototyping, and team building. Students will develop an entrepreneurial mindset. Students will utilize technology including 3D printers, micro bits and block based coding to create real-world projects.

Length: 1 Semester

Credit: 0.5 AA, EL

Grade Level: 9-12

### Marketing

Gives the student an introduction to the basic principles of marketing and its important role in the free-enterprise system. Some topics include advertising, selling, display, customer service, marketing careers, consumer buying behavior, promotion pricing and distribution. Students will demonstrate their knowledge and skills through the operation of the Spartan Shoppe. Those students interested in pursuing a career in business will benefit from this course.

Length: 2 Semesters

Credit: 1.0 AA, EL

Grade Level: 9-12

### Business Arts 100

Students examine different business opportunities within our state. Students research educational requirements, work-skills and job experiences that are needed to enter and advance within different industries. This course is meant to be a broad introduction to a variety of businesses

Length: 1 Semester

Credit: .05 AA, EL

Grade Level: 9-12

**Successful completion of this class will transfer to Chemeketa as an EL course within the Business Management degree program.**

# Visual Arts

## Beginning Visual Communications/Fine Arts

Students will be given the opportunity to select their own designs and learn to develop their own strengths in art. Included in this course are the study of color theory, linear perspective, palette mixing and compositions including brush stroke, landscape, still life, portraiture, drawing and mixed media design. Several mediums will be incorporated in these studies such as: graphite, charcoal, pens, oil, and clay. Ceramic hand building techniques will be studied, as well as glaze application and slip mold pouring. All art students will submit final works to show in the Art Studio Student Showcase. This is an annual art show at Sheridan High. In some years this show may be digital.

Length: 1 Semester

Credit: 0.5 AA, EL

Grade Level: 9-12

## Intermediate/Advanced Visual Communications/Fine Arts

Focus is on a deeper understanding of drawing and painting technique, subject matter, and use of media. Students will fine-tune learned studio skills to focus on areas of specific interest. Opportunities to develop skills needed to attend a fine arts college or enter the design or fine arts workforce will be explored.

All art students will submit final works to show in the Art Studio Advanced Student Showcase. This is an annual art show at Sheridan High. In some years this show may be digital.

Length: 1 Semester

Credit: 0.5 AA, EL

Grade Level: 9-12

**Prerequisite: Beginning Visual Communications/Fine Arts or teacher approval**

# Other Electives

## Career Skills for the 21<sup>st</sup> Century

Career Skills for the 21st Century provides students an opportunity to discover their present interests, values, aptitudes, skills and personality type. This individual self-knowledge is applied to research possible careers, create a resume, cover letter and career portfolio. Students will have an opportunity to experience a job shadow and mock job interview.

Length: 1 Semester

Credit: .5 EL

Grade Level: 9-12

## Personal Finance

The goal for Personal Finance is to help students become financially responsible, conscientious members of society. This course develops students' understanding and skills in such areas as money management, budgeting, financial goal attainment, the wise use of credit, insurance, investments, and consumer rights and responsibilities. This course will give students the tools and resources to make wise financial decisions, evaluating the costs and benefits of their decisions.

Length: 1 Semester

Credit: .5 EL

Grade Level: 10-12

### **Child Development**

The focus will be understanding and caring for children. Topics include developmental stages conception-age five, children's physical, intellectual, emotional, and social-growth, and the importance of play and developing trust.

Length: 1 Semester

Credit: .5 EL

Grade Level: 9-12

### **AVID 9th/10<sup>th</sup>**

The AVID elective class is a key element of the AVID program. Students learn through holding tutorials, developing and practicing organizational skills, goal-setting and critical thinking. Students have opportunities to participate in team-building exercises and visit college campuses. AVID students are typically preparing for a college-bound path after high-school.

Length: 2 Semesters

Credit: 1.0 EL

Grade Level: 9-10

### **Application Required**

### **AVID 11th/12<sup>th</sup>**

The AVID elective class is a key element of the AVID program. Students learn through holding tutorials, developing and practicing organizational skills, goal-setting and critical thinking. Students have opportunities to participate in team-building exercises and visit college campuses. AVID students are typically preparing for a college-bound path after high-school.

Length: 2 Semesters

Credit: 1.0 EL

Grade Level: 11-12

### **Application Required**

### **Leadership / Yearbook**

Students will learn what makes an effective leader and how to develop their own effective leadership style. Students enrolled in this course will have a direct role in planning and operating student activities at Sheridan High School. Students will learn through doing: meeting goals, communicating effectively, and critical self-evaluation of their work in order to improve their leadership skills.

Students work together as a team to produce the SHS yearbook. Students will receive instruction in photojournalism, page layout, and graphics.

Length: 2 Semesters

Credit: 1.0 EL

Grade Level: 9-12

### **Application required 9th-12th**

### **Office Aide**

Office Aides help perform a number of functions in the office: answering phones, taking messages, greeting visitors, running call slips, filing and distributing paperwork. Students should not sign up if they are not comfortable with all of these tasks. This is a Pass/No Pass class. 80% attendance is required to pass the class. Students must be on-track to graduate and must have maintained a 90% or higher attendance rate the previous school year.

Length: 1 Semester

Credit: .5 EL

Grade Level: 11-12

### **Application required (P/F course)**

### Teacher Aide

This Elective is designed to provide additional help for staff and to provide the opportunity for students to perform in a service capacity as they explore the possibility and fit for future career.

Length: 1 Semester

Credit: .5 EL

Grade Level:

**Prerequisite approval from Teacher/Administrator (P/F course)**

### Work Experience for Elective Credit

65 Hours of work experience could earn .5 of EL credit, with a maximum of 1.0 credit each semester. Students must Turn-in copies of Pay-Stubs to the SHS Registrar and a *Work Experience Reflection* by the end of the semester. SHS will request an employee evaluation and must have the contact information of the student's work-site supervisor.

Length: 65 approved hours

Credit: .5 EL

Grade Level: 11-12

**Student must make arrangements for approval from employer & SHS School Counselor/SHS Admin.**

## Other Required Courses

### Spartime

Students meet twice a week for Spartime. Course activities help students develop self-knowledge. Students explore the world of work, educational opportunities, and develop their decision making and goal setting skills. Other topics include: self-employment, apprenticeships, post-secondary education, scholarships and financial aid.

Length: 1 Semester

Credit: .5 EL

Grade Level: 9-12

### Senior Focus

Senior's will work toward fulfilling graduation requirements for the State of Oregon, including the Extended Application (Senior Project). Topics and Activities include service learning, financial aid and FAFSA, SAT/ACT prep, scholarships, college applications, financial planning, resumes and career planning.

Length: 1 Semester

Credit: .5 EL

Grade Level: 12

\*The senior project is designed to meet the Extended Application portion of Diploma requirements for graduation in the state of Oregon. It gives students the opportunity to create a relevant project connected to their future goals. Through the Senior Project, students apply academic standards, essential skills, technical knowledge, and other skills appropriate to their personal and/or career interest and post-high school goals. In doing so, students reflect on their future aspirations, design and implement a project that allows them to develop new skills, present their learning to an audience and reflect upon their learning.

### Freshmen Focus

Students will gain important skills to help drive their future career paths and have a successful path at SHS. School interest inventories, resume writing, job shadows, college and career exploration, and financial literacy are key elements for student success.

Length: 1 Semester

Credit: .5 EL

Grade Level: 9

# College Preparation

## Dual Credit (College Credit) Courses

Sheridan High School has a partnership agreement with Chemeketa Community College for students to earn college credit for selected courses offered on our campus. Students will pay a \$30 fee for the entire academic year to complete any college courses available to them. We also have teachers certified through Willamette Promise to offer college credit through Western Oregon University.

## College Credit Now Courses

- CIS 101
- BA 100

## Willamette Promise Courses

- Math 111
- Communications 111
- College Writing 121/122

## Expanded Options Program

High school students age 16 and over may take courses on a college campus that are not offered by their home high school. Interested students must meet with their Academic Counselor as well as an advisor at Chemeketa Community College. Students must provide their own transportation and must take CCC placement tests and score at the appropriate level.

## DUAL CREDIT REGISTRATION LINKS

- CHEMEKETA COMMUNITY COLLEGE – <https://www.chemeketa.edu/programs-classes/high-school-programs/college-credit-now/>
- WESTERN OREGON UNIVERSITY – (Willamette Promise) <http://www.wou.edu/willamettepromise/>

## College Athletics

NCAA Division 1 and Division 2 Initial Eligibility Requirements Students who wish to play collegiate sports in NCAA Division 1 and Division 2, need to satisfy a number of requirements including minimum GPA, minimum SAT scores, and the completion of core courses in English, Math, Science, Social Studies, and additional academic areas. For complete information, students need to see the counselor and Athletic Director.

## JOBS Program

Sheridan High School has a partnership with Joining of Business and Schools(JOBS). Offering Career Exploration through internships with local area businesses and community organizations. Please contact the school counselor for details.

## ASPIRE Program

Volunteers from the Sheridan community, helping high school students plan, prepare, and achieve their post-secondary education goals. ASPIRE advisors meet regularly with students to assist with scholarship search and application, career exploration, college choice, and college application. For more information, contact the school counselor.

# Oregon Public University Admission Requirements

Applicants must satisfactorily complete at least fifteen units/credits of college preparatory work in the following areas:

**English:** (4 Credits) In the study of the English language, literature, speaking and listening and writing with emphasis on and frequent practice in writing expository prose during all four years.

**Mathematics:** (3 Credits) First year algebra and two additional years of college preparatory mathematics, from geometry (deductive or descriptive), advanced topics in algebra, trigonometry, analytical geometry, finite mathematics, advanced applications, calculus, probability and statistics or courses that integrate topics from two or more of these areas. One unit is highly recommended in the senior year. Algebra and geometry taken prior to the ninth grade will be accepted. Students must have completed, at a minimum, the Algebra II level (or equivalent) to meet the math requirement.

**Science:** (3 Credits) A year each in two fields of college preparatory science, such as biology, chemistry, physics or earth and physical science. Two of the three credits need to be labs.

**Social Studies:** (3 Credits) One year of US History, one year of Geography, one half year of a World History and one half year of Government.

**World Language:** (2 Credits) Two years of the same high school level second language, or a C- or above in the third year of a high school level language, or two terms of a college second language with a grade of C- or above, or satisfactory performance on an approved assessment of a second language knowledge and/or proficiency.

**Private and other out-of-state colleges and universities:** Selective private and public 4 year colleges and universities vary in admission criteria. Students must investigate entrance requirements early to ensure adequate planning time to enroll in necessary coursework. The academic counselor can assist students in locating specific college catalogs or websites outlining requirements.

## OREGON PUBLIC UNIVERSITIES REQUIRE:

- High School Graduation
- 15 core credits with a grade of C- or better
- SAT/ACT scores
- Cumulative GPA of at least 3.0 (EOU and WOU will accept students with a 2.75 or higher GPA)

Each university has a process for admitting students who do not meet the automatic admission requirements. See the school's website for more information.

OREGON PUBLIC UNIVERSITY	ADMISSIONS WEBSITE
University of Oregon	<a href="http://uoregon.edu/admissions-and-financial-aid">http://uoregon.edu/admissions-and-financial-aid</a>
Oregon State University	<a href="http://oregonstate.edu/future">http://oregonstate.edu/future</a>
Portland State University	<a href="https://www.pdx.edu/admissions/">https://www.pdx.edu/admissions/</a>
Southern Oregon University	<a href="http://sou.edu/admissions/">http://sou.edu/admissions/</a>
Western Oregon University	<a href="http://www.wou.edu/admissions/">http://www.wou.edu/admissions/</a>
Eastern Oregon University	<a href="https://www.eou.edu/admissions/">https://www.eou.edu/admissions/</a>
Oregon Tech	<a href="http://www.oit.edu/admissions/freshman">http://www.oit.edu/admissions/freshman</a>

# Resources for Students

## **After School Tutor Lab – Tuesday – Friday 3:15 pm to 5:30 pm in room 6**

We have a certified teacher available from Tuesday through Friday at 3:15 pm each day to help students who are struggling in class. The teacher is a great resource for students with test taking, test make-up, essay help, research, projects, etc. If a student has been absent or fallen behind in any classes he/she can go to room six after school to get caught up in school work and elevate their grades.

## **Credit Recovery**

During school hours, a student can be placed in the Credit Recovery class to make up any credits he/she will need to graduate. A staff member is in the room to help.

## **Library**

The library offers students a wide selection of information resources, online and in print. Along with magazines, fiction and non-fiction titles, and reference materials, the library houses a computer lab, printer and an array of online databases to support student research through all steps of the process. Our librarian helps students find titles for recreational reading and provides various levels of information literacy instruction across all subjects. Additionally, the library manages the Chromebooks for the school.

## **Graduation Coach**

Through *High School Success*, our Graduation coach acts as a proactive case manager; providing equity support for student achievement through collaboration and coordination with students, parents/guardians, family support, community outreach, district/school staff, and community partners for not only those statistically recognized as at-risk students, but also those possibly needing help.

## **Freshman Support**

Freshmen at SHS are realized as a valuable asset. Before they arrive at the high school, a team of teachers, administrators and Leadership students visit the middle school to begin preparing the eighth graders for the transition. In May the eighth graders visit the high school for an orientation day, when they forecast their classes, eat lunch and elect their Freshmen class officers. In late summer, we offer Freshmen Academy, when the soon to be freshmen take classes and do activities to prepare them for the upcoming year. On the first day of school, the freshmen are the only students 6 attending and they participate in an orientation day. Freshmen can take Pre-Algebra if they need help in math. Freshman Focus is a required class. Their progress is monitored through STAR assessment. We offer a Big Sis/Little Sis and a Big Brother/Little Brother program to pair the new students with the seasoned students to engage and help when needed.

## **Youth Transition Program (YTP)**

The YTP program serves students with IEPs. It is a comprehensive transition program for youth with disabilities operated collaboratively with the Oregon Office of Vocational Rehabilitation Services. The purpose of the program is to prepare youth with disabilities for employment and/or career related post-secondary education or training.

## ESSENTIAL SKILLS

It is a state requirement that students must demonstrate proficiency in either State Testing during their junior year or Essential Skills work samples in Math, Science and Language Arts in order to graduate.

# AVID

## What is AVID?

“AVID” means **A**dvancement **V**ia **I**ndividual **D**etermination. AVID is designed to help students be better prepared for college and careers. The three main components of the program are academic instruction, tutorial support, and motivational activities. Students in AVID are in an elective class. They meet daily with the same teacher and participate in tutoring sessions twice a week, all four years. They learn how to access difficult curriculum and persevere through “points of confusion” so they have the skills to do well in challenging classes. They also are expected to enroll in Advanced Placement and dual credit classes, which are very challenging.

An AVID student should:

- Have a 2.0 to 3.5 GPA
- Have average to above average test scores
- Exhibit college potential with support

The AVID student profile also includes first generation college students, with a desire to improve and an end goal of college acceptance. The only strict requirement is the student’s desire to be part of the challenging AVID elective class. AVID is an acceleration program not an “intervention” for students.

Our AVID teachers have been trained in the program. They purposefully use high engagement strategies in their classrooms. These teachers use good teaching strategies that promote high level thinking, learning and meta-cognition.

## National Honor Society



The National Honor Society (NHS) is the nation’s premier organization established to recognize outstanding high school students. More than just an honor roll, NHS serves to recognize those students who have demonstrated excellence in the areas of scholarship, service, leadership, and character. These characteristics have been associated with membership in the organization since its beginning in 1921.

As an NHS member, our students can get ready for whatever comes their way after high school. Think of it as making yourself #future ready. To help prepare them for their college journey and career, they will have exclusive access to robust tools and resources:

- **College admission and financial aid planning** options, including webinars, virtual events, and an NHS-customized scholarship search tool

- **Service projects**, both by the chapter and individual, allows them to build teamwork capabilities, hone project management aptitude, and make friends—all valuable life skills
- Help with **financing college education** through the prestigious [NHS Scholarship program](#), which—since its establishment in 1946—has awarded more than 16,000 scholarships totaling more than \$13 million to seniors who best reflect the values of NHS
- **Leadership development, motivation, and inspiration** gained through their own chapter’s work as well as three LEAD Conferences and NHS State Summits held in select locations annually

## Sheridan High School

### Equal Educational Opportunities

#### Sheridan School District Board Policy JB: Equal Education Opportunities

Every student of the district will be given equal educational opportunities regardless of age, sex, sexual orientation race, religion, color, national origin, disability, marital status, linguistic background, culture, capability or geographic location.

Further, no student will be excluded from participating in, denied the benefits of, or subjected to discrimination under any educational program or activity conducted by the district. The district will treat its students without discrimination on the basis of sex as this pertains to course offerings, athletics, counseling, employment assistance and extracurricular activities.

The superintendent will designate at least one employee to coordinate its efforts to comply with and carry out its responsibilities under Title IX. The Title IX coordinator will investigate complaints communicated to the district alleging noncompliance with Title IX. The name, address and telephone number will be provided to all students and employees. The Board will adopt and the district will publish grievance procedures providing for prompt and equitable resolution of student and employee complaints under Title IX.